

SEPTEMBER FREESTYLE CALENDAR 2019					
Mon 9/2	Tues 9/3	Wed 9/4	Thurs 9/5	Friday 9/6	Sat 9/7
6:00-7:00am	6:00-7:00am	6:00-7:00am	6:00-7:00am	6:00-7:00am	7:00-7:30am
7:00-8:00am	7:00-8:00am	7:00-8:00am	7:00-8:00am	7:00-8:00am	7:30-8:00am
9am Palace Club		8:00-8:45am		8:00-8:45am	8:00-8:30am
3:30-4:00pm		9am Palace Club		9am Palace Club	8:30-9:00am
4:00-4:30pm	3:30-4:00pm	3:15-3:45pm	3:30-4:00pm	10:30 LTS #5	9:10-9:40am EDGE CLASS
4:30-5:00pm	4:00-4:30pm	3:45-4:15pm	4:00-4:30pm	3:45-4:15pm	9:40-10:10am Low
5:00-5:30pm	4:30-5:00pm	4:15-4:45pm	4:30-5:00pm	4:15-4:45pm	10:10-10:40am Low
	5:00-5:30pm		5:00-5:30pm	4:45-5:15pm	10:40-11:40 LTS
				5:15-5:45pm	11:40-12:20 Elite LTS
Mon 9/9	Tues 9/10	Wed 9/11	Thurs 9/12	Friday 9/13	Sat 9/14
6:00-7:00am	6:00-7:00am	6:00-7:00am	6:00-7:00am	6:00-7:00am	7:00-7:30am
7:00-8:00am	7:00-8:00am	7:00-8:00am	7:00-8:00am	7:00-8:00am	7:30-8:00am
9am Palace Club		8:00-8:45am		8:00-8:45am	8:00-8:30am
3:30-4:00pm				9am Palace Club	8:30-9:00am (Z)
4:00-4:30pm	3:30-4:00pm	3:15-3:45pm	3:30-4:00pm	10:30 LTS #5	9:10-9:40am EDGE CLASS
4:30-5:00pm	4:00-4:30pm	3:45-4:15pm	4:00-4:30pm	3:45-4:15pm	9:40-10:10am Low
5:00-5:30pm	4:30-5:00pm	4:15-4:45pm	4:30-5:00pm	4:15-4:45pm	10:10-10:40am Low
5:15-5:45pm	5:00-5:30pm		5:00-5:30pm	4:45-5:15pm	10:40-11:40 LTS
6:00 LTS				5:15-5:45pm	11:40-12:20 Elite LTS
Mon 9/16	Tues 9/17	Wed 9/18	Thurs 9/19	Friday 9/20	Sat 9/21
6:00-7:00am	6:00-7:00am	6:00-7:00am	6:00-7:00am	6:00-7:00am	7:00-7:30am
7:00-8:00am	7:00-8:00am	7:00-8:00am	7:00-8:00am	7:00-8:00am	7:30-8:00am
9am Palace Club		8:00-8:45am		8:00-8:45am	8:00-8:30am
3:30-4:00pm				9am Palace Club	8:30-9:00am (Z)
4:00-4:30pm	3:30-4:00pm	3:15-3:45pm	3:30-4:00pm	10:30 LTS #5	9:10-9:40am EDGE CLASS
4:30-5:00pm	4:00-4:30pm	3:45-4:15pm	4:00-4:30pm	3:45-4:15pm	9:40-10:10am Low
5:00-5:30pm	4:30-5:00pm	4:15-4:45pm	4:30-5:00pm	4:15-4:45pm	10:10-10:40am Low
5:15-5:45pm	5:00-5:30pm		5:00-5:30pm	4:45-5:15pm	10:40-11:40 LTS
6:00 LTS				5:15-5:45pm	11:40-12:20 Elite LTS
Mon 9/23	Tues 9/24	Wed 9/25	Thurs 9/26	Friday 9/27	Sat 9/28
6:00-7:00am	6:00-7:00am	6:00-7:00am	6:00-7:00am	6:00-7:00am	7:00-7:30am
7:00-8:00am	7:00-8:00am	7:00-8:00am	7:00-8:00am	7:00-8:00am	7:30-8:00am
9am Palace Club		8:00-8:45am		8:00-8:45am	8:00-8:30am
3:30-4:00pm		9am Palace Club		9am Palace Club	8:30-9:00am (Z)
4:00-4:30pm	3:30-4:00pm	3:15-3:45pm	3:30-4:00pm	10:30 LTS #5	9:10-9:40am EDGE CLASS
4:30-5:00pm	4:00-4:30pm	3:45-4:15pm	4:00-4:30pm	3:45-4:15pm	9:40-10:10am Low
5:00-5:30pm	4:30-5:00pm	4:15-4:45pm	4:30-5:00pm	4:15-4:45pm	10:10-10:40am Low
5:15-5:45pm	5:00-5:30pm		5:00-5:30pm	4:45-5:15pm	10:40-11:40 LTS
6:00 LTS				5:15-5:45pm	11:40-12:20 Elite LTS
Mon 9/30					
6:00-7:00am					
7:00-8:00am					
9am Palace Club					
3:15-3:45pm					
3:45-4:15pm					
4:15-4:45pm					
4:45-5:15pm					
5:15-5:45pm					
6:00 LTS					