

MARCH FREESTYLE CALENDAR 2019					
Mon 2/25	Tues 2/26	Wed 2/27	Thurs 2/28	Friday 3/1	Sat 3/2
6:00-7:00am	6:00-7:00am	6:00-7:00am	6:00-7:00am	6:00-7:00am	7:00-7:30am
7:00-8:00am	7:00-8:00am	7:00-8:00am	7:00-8:00am	7:00-8:00am	7:30-8:00am
9:00-11:00am PC	8:00-8:30am	9:00-11:00am PC	8:00-8:30am	9:00-11:00am PC	8:00-8:30am
					8:30-9:00am
3:45-4:15pm	3:30-4:00pm	3:45-4:15pm	3:30-4:00pm	3:30-4:00pm	9:00-9:30am (zam after)
4:15-4:45pm	4:00-4:30pm	4:15-4:45pm	4:00-4:30pm	4:00-4:30pm	9:40-10:10am Low FS
4:45-5:15pm	4:30-5:00pm	4:45-5:15pm	4:30-5:00pm	4:30-5:00pm	10:10-10:40am Low FS
5:15-5:45pm *	5:00-5:30pm	5:15-5:45pm	5:00-5:30pm	5:00-5:30pm	10:40-11:40am LTS #1
6:00 LTS					11:40-12:20pm Elite Academy
Mon 3/4	Tues 3/5	Wed 3/6	Thurs 3/7	Friday 3/8	Sat 3/9
6:00-7:00am	6:00-7:00am	6:00-7:00am	6:00-7:00am	6:00-7:00am	7:00-7:30am
7:00-8:00am	7:00-8:00am	7:00-8:00am	7:00-8:00am	7:00-8:00am	7:30-8:00am
9:00-11:00am PC	8:00-8:30am	9:00-11:00am PC	8:00-8:30am	9:00-11:00am PC	8:00-8:30am
	8:30-9:00am new!		8:30-9:00am new!	10:00-11:00 LTS	8:30-9:00am
3:45-4:15pm	3:30-4:00pm	3:30-4:00pm	3:30-4:00pm	3:45-4:15pm	9:00-9:30am (zam after)
4:15-4:45pm	4:00-4:30pm	4:00-4:30pm	4:00-4:30pm	4:15-4:45pm	9:40-10:10am Low FS
4:45-5:15pm	4:30-5:00pm	4:30-5:00pm	4:30-5:00pm	4:45-5:15pm	10:10-10:40am Low FS
5:15-5:45pm *	5:00-5:30pm	5:00-5:30pm	5:00-5:30pm	5:15-5:45pm	10:40-11:40am LTS
6:00 LTS				Anita Seminar 6pm	11:40-12:20pm Elite Academy
Mon 3/11	Tues 3/12	Wed 3/13	Thurs 3/14	Friday 3/15	Sat 3/16
6:00-7:00am	6:00-7:00am	6:00-7:00am	6:00-7:00am	6:00-7:00am	7:00-7:30am
7:00-8:00am	7:00-8:00am	7:00-8:00am	7:00-8:00am	7:00-8:00am	7:30-8:00am
9:00-11:00am PC	8:00-8:30am	9:00-11:00am PC	8:00-8:30am	9:00-11:00am PC	8:00-8:30am
	8:30-9:00am new!		8:30-9:00am new!		8:30-9:00am
3:45-4:15pm	3:30-4:00pm	3:30-4:00pm	3:30-4:00pm	3:45-4:15pm	9:00-9:30am (zam after)
4:15-4:45pm	4:00-4:30pm	4:00-4:30pm	4:00-4:30pm	4:15-4:45pm	9:40-10:10am Low FS
4:45-5:15pm	4:30-5:00pm	4:30-5:00pm	4:30-5:00pm	4:45-5:15pm	10:10-10:40am Low FS
5:15-5:45pm *	5:00-5:30pm	5:00-5:30pm	5:00-5:30pm		10:40-11:40am LTS
6:00 LTS	5:30-6:00pm		5:40-6:30pm BSFS		11:40-12:20pm Elite Academy
Mon 3/18	Tues 3/19	Wed 3/20	Thurs 3/21	Friday 3/22	Sat 3/23
6:00-7:00am	6:00-7:00am	6:00-7:00am	6:00-7:00am	6:00-7:00am	7:00-7:30am
7:00-8:00am	7:00-8:00am	7:00-8:00am	7:00-8:00am	7:00-8:00am	7:30-8:00am
9:00-11:00am PC	8:00-8:30am	9:00-11:00am PC	8:00-8:30am	9:00-11:00am PC	8:00-8:30am
3:30-4:00pm	8:30-9:00am new!		8:30-9:00am new!		8:30-9:00am
4:00-4:30pm	3:30-4:00pm	3:30-4:00pm	3:30-4:00pm	3:45-4:15pm	9:00-9:30am (zam after)
4:30-5:00pm	4:00-4:30pm	4:00-4:30pm	4:00-4:30pm	4:15-4:45pm	9:40-10:10am Low FS
5:00-5:30pm	4:30-5:00pm	4:30-5:00pm	4:30-5:00pm	4:45-5:15pm	10:10-10:40am Low FS
5:00 Synchro (R)	5:00-5:30pm	5:00-5:30pm	5:00-5:30pm	5:15-5:45pm	10:40-11:40am LTS
6:00 LTS			5:40-6:30pm BSFS	Adult Synchro 6pm	11:40-12:20pm Elite Academy
Mon 3/25	Tues 3/26	Wed 3/27	Thurs 3/28	Friday 3/29	Sat 3/30
6:00-7:00am	6:00-7:00am	6:00-7:00am	6:00-7:00am	6:00-7:00am	7:00-7:30am
7:00-8:00am	7:00-8:00am	7:00-8:00am	7:00-8:00am	7:00-8:00am	7:30-8:00am
9:00-11:00am PC	8:00-8:30am	9:00-11:00am PC	8:00-8:30am	9:00-11:00am PC	8:00-8:30am
3:30-4:00pm	8:30-9:00am new!		8:30-9:00am new!		8:30-9:00am
4:00-4:30pm	3:30-4:00pm	3:30-4:00pm	3:30-4:00pm	3:45-4:15pm	9:00-9:30am (zam after)
4:30-5:00pm	4:00-4:30pm	4:00-4:30pm	4:00-4:30pm	4:15-4:45pm	9:40-10:10am Low FS
5:00-5:30pm	4:30-5:00pm	4:30-5:00pm	4:30-5:00pm	4:45-5:15pm	10:10-10:40am Low FS
5:00 Synchro (R)	5:00-5:30pm	5:00-5:30pm	5:00-5:30pm	5:15-5:45pm	10:40-11:40am LTS
6:00 LTS			5:40-6:30pm BSFS	Adult Synchro 6pm	11:40-12:20pm Elite Academy